Therapy Ideas for Patients Using the Passy-Muir® Valve

**Therapy Idea:**

**Creating a Storybook**

**Goals:**

Improve patient and caregiver understanding of tracheostomy and Passy-Muir® Valve use

Increase Passy-Muir Valve wear time

**Supplies Needed:**

- Computer with word processing program and printer
- Patient photos
- Notebook-making materials, such as stapler, comb-binding machine, etc.

**Directions / Suggestions:**

- Take several digital pictures of child during therapy which may include:
  - Child receiving tracheostomy care
  - Passy-Muir® Valve being placed on tracheostomy tube
  - Child engaged in activities such as talking, playing, eating, drinking
  - Child participating in therapy, including swallowing evaluations
  - Child with different caregivers
- Paste pictures into pages and pair with simple sentences and ‘thought bubbles’ that portray specific activities during Passy-Muir Valve use, for example, blowing bubbles to increase oral exhalation or tasting a newly introduced food
- Engage child and caregiver in telling the story, creating and sequencing the pages
- Bind pages of the book together using clear plastic cover for durability
- Review and revise the storybook with child as therapy progresses

Use Outline of Storybook Content created by Katy Peck, MA, CCC-SLP, CBIS, CLE from Children’s Hospital Los Angeles for more details on content of pages.