Therapy Ideas for Patients Using the Passy-Muir® Valve

Therapy Idea:

Take-Home Toby Backpack

Goals:

Improve peer understanding of tracheostomy and Passy-Muir® Valve use
Improve interactions between tracheostomized students and classmates

Supplies Needed:

✓ Toby Tracheasaurus™ plush toy
✓ The Tammy and Toby Tracheasaurus™ Coloring Book
✓ Basic backpack
✓ Pouch with pencils and crayons
✓ Folder containing class list, directions for activities, paper for reflection

Directions / Suggestions:

• Send backpack with all supplies home with each student for one week
• Student reads Tammy and Toby Tracheasaurus Coloring Book with adult, discusses what he or she learned, and writes or draws a reflection
• Completed reflections are compiled into one book which can be reviewed with the students and then made available in the classroom (e.g. book-nook) the rest of the year
• Book is given to student using the Passy-Muir® Valve at the end of the year

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